



Anke Meyer

am.concepts | training & events
Dipl. Betriebswirtin (FH)

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IBAN LU70 0081 2248 4000 1003
BIC BLUXLULL

USt-IdNr. DE815365902
Finanzamt Trier

DATE 16. Nov. 2017

PAGE 1 / 6

PROVENCE ESCAPE

REGISTRATION

First, middle & last name _____

Street _____

City, ZIP & country _____

E-mail _____

Mobile phone _____

Date of birth _____

I herewith make a binding registration to take part in THE PROVENCE ESCAPE organized by *Anke Meyer* in Grambois (Provence, France).

- _____ (Date) _____ (Retreat theme)
 _____ (Date) _____ (Retreat theme)

TERMS & CONDITIONS

§ 1 PRICES / PACKAGE

The price is a package price including all services stated under "Services included".

Room Category

Category 1

Double room with two single beds with ensuite bathroom **1,350.00 EUR/person**

Category 2

Triple room with three single beds with ensuite bathroom **1,250.00 EUR/person**

Category 3

Quadruple room with four single beds with ensuite bathroom **1,200.00 EUR/person**

The price will increase by **100.00 EUR/person** for bookings 6 weeks prior to event.

Food

Vegetarian **Fish**

Allergies _____



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PAGE 2 / 6

Experience with Pilates / Yoga / Running

- Pilates _____ in years _____ mat/machines _____
- Yoga _____ in years _____ style _____ training venue
- Running _____ in years _____

“Services included”

The following services are included in the package price:

- Accommodation in your booked room for 7 nights (rooms with ensuite bathroom)
- Arrival on Saturdays from 4pm. and departure on Saturdays until 10 am.
- 6x Pilates class (60 min. each), 5x Yoga class (90 min.), 1x CrossFit class
- Additional activities like running & walking sessions
- Welcome class on arrival day
- 7x healthy fresh starter (tea & fruits, Sunday – Saturday, breakfast on last day)
- 6x brunch (mixture of breakfast and light lunch meal) (Sunday – Friday, plus one picnic for our excursion)
- 6x delicious dinner (Saturday – Friday, one evening external dinner not included)
- Drinks during meals (tea, coffee, water, wine) and water during the day
- Access to the venue’s private lake, swimming pool, sun terrace
- Towels, bed linen and cleaning of rooms (Please bring your own towels for the pool and beach)
- Organized afternoon & evening excursion to Aix-en-Provence (by own cars, dinner & drinks not included in the price)
- Organized trip to another village/place nearby (by own cars)
- Yoga/Pilates mat during the event (You are welcome to bring your own Yoga mat)
- Lifelong friendships, meet lovely international people and positive vibes

Excursions & Services that can be booked extra (to be paid in cash during event)

- Pick-up service from train station in Aix-en-Provence by taxi (to be paid to the driver)
- Massages (organized up-front by us through an external provider)

Optional Excursions (we will arrange car pooling for the excursions):

- Afternoon & evening excursion to a town/village nearby, eg. Aix-en-Provence (dinner & drinks not included in the price) (trip by your own cars/taxi will be charged to the persons participating)
- Walking excursion to Grambois or La Bastide (no extra costs)
- Trip to another village nearby or winery (by your own cars)

§ 2 ACCOMODATION



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PAGE 3 / 6

You can book one of 3 options (see under § 1 Prices/Packages)

- Double room (2 persons in single beds)
- Triple room (3 persons in single beds)
- Quadruple room (4 persons in single beds)

Each room has its own bathroom. Person/s I would like to share a room with:

We will do our best to fulfill all your wishes regarding the combination of room-mates which is depending on the maximum capacity of each room.

§ 3 TRANSPORT / ARRIVAL & DEPARTURE

The transport to Grambois, Provence has to be arranged and paid individually by each participant and is not included in the package price of the event.

I will arrive by car

own car car sharing

I would like to do car sharing

from Trier from Luxembourg

Please give my contact details to other participants to arrange car pooling.

I will arrive by train **then take the bus from Aix to Pertuis/Grambois**

Please arrange a pick-up service from train station in Aix at additional costs (around 80 EUR/taxi, we will arrange to share taxis with 3 – 4 persons depending on your arrival time)

The check-in on Saturdays will be from 4 pm and check-out on Saturdays before 10 am.

§ 4 PAYMENT & CANCELATION

Payment

After sending the registration form (as PDF scan file) to anke.meyer@amconcepts.eu, you will get a booking confirmation and invoice for the total event price. - in case of non-payment within the mentioned period your reservation will be canceled. We recommend to book a travel cancellation insurance.

50% of the package price has to be paid within 14 days of receipt of the invoice. The remaining amount of the invoice is due 3 months before the respective event starts. **Also monthly payment arrangements are possible, just ask!** Payment has to be done to the following account:



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PAGE 4 / 6

Account holder: Anke Meyer

IBAN: LU70 0081 2248 4000 1003 // BIC: BLUXLULL

Cancelation by participant

Cancelation of your booking is possible under the following conditions:

- For cancelations until 3 months prior to the event (until 90 days before the respective event), the cancelation fee will be 20% of the package price.
- For cancelations within 90 days until 4 weeks prior to the event (day 90 – day 28 before the event), the cancelation fee will be 80% of the package price.
- For cancelations within 4 weeks before the event (28 days until 0 days prior to the event), a refund minus a fee of EUR 100.00 is only given when space can be filled. The participant has to find a replacement person for the booked space (Anke Meyer needs to give her OK for the replacement person to participate, single case will be decided with regards to person, experience in Running/Pilates/Yoga etc. by Anke Meyer).

am.concepts | training & events recommends to book a special travel cancelation insurance at the time of registration.

Cancelation by Anke Meyer

Anke Meyer may cancel your right to take part in the event and sell your spot to someone else if you fail to pay the full package price in due time and having received one reminder to make the due payment. In such case, Anke Meyer is entitled to charge the above mentioned cancelation fee (See under "Cancelation by participant").

In case the event becomes economically unreasonable for *Anke Meyer* (e.g. in case of too few participants) or any force majeure, Anke Meyer reserves the right to cancel the full event in which case you will be refunded the amounts of the package price paid so far. No other damages or losses will be paid by *Anke Meyer*.

§ 5 DAMAGE & LIABILITY

Anke Meyer and her teachers (guest teachers etc., or substitute) are not responsible or liable for any loss, damage, injury or health problem of the participants.

The event venue is a private estate which Anke Meyer is renting for the event. All participants are liable personally for any damaged or stolen property at the event venue and its belongings, besides also for any material Anke Meyer and her teachers/team are providing for the course of the event.



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PAGE 5 / 6

Please make sure you are holding a private liability insurance or third party liability insurance.

§ 6 OTHER TERMS

General

Anke Meyer reserves the right to forfeit your right to take part in the event if you interfere with the event or if you massively break your obligations or duties. In this case you will have to pay any additional return trip costs on your own and no damage or loss will be paid by Anke Meyer.

Presenters

As stated in the brochure the following presenters will hold the mentioned classes. See respective event info for more information on the teachers.

Anke Meyer

Teaching Pilates classes, offering running/walking sessions

Guest teacher

Teaching Pilates classes

Yoga teacher

Teaching Vinyasa Yoga class and other Yoga classes, offering silent walk/meditation

All classes will be offered in English with possibility to translate at any time to German, French and English. Please see event details for current course language.

Teachers are subject to change by Anke Meyer. If any one of the presenters is not able to teach at the event for any reasons of force majeure, sickness or other cause, Anke Meyer reserves the right to find a substitute teacher with the same or similar qualification. In such case, Anke Meyer does not owe you any reduction of the event price or further refund for such a change of teacher.

Health

You are obliged to inform the teacher before the event and each class and if necessary also before each exercise of any injuries which might limit your ability to perform such exercises or which might impose an unusual health risk for you or for other participants.

Anke Meyer and its teachers are not responsible or liable for any loss, damage, injury or health problems of the participants. Your participation at the event and the classes offered is at your own risk.

Health issues: _____

Photos:



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PAGE 6 / 6

During our event we will take serious nice pictures of the group or single persons, eg. during the classes and activities, during dinner etc. which might be used on Social Media or our webpage to do advertisement.

Participant's Name: _____

I hereby authorize Anke Meyer to publish the photographs taken of me, and my name, for use in their printed publications and website.

I acknowledge that since my participation in publications and websites produced by Anke Meyer, and their photographer is voluntary, I will receive no financial compensation.

For more details please contact us by phone or e-mail.

I, hereby, confirm my event booking subject to the aforementioned terms and conditions.

Date _____

Signature _____

Please return the filled-in and duly signed registration form as a scanned PDF file to anke.meyer@amconcepts.eu or start@alineo.life

Anke Meyer

am.concepts | training & events // Alineo Club Body & Mind

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